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A meeting of the Age Friendly Community Committee for the Town of Mahone Bay was held on Monday, September 23, 2019 at 7:03 p.m. in Council Chambers.

Present:

Councillor Penny Carver, Chair  
Councillor Joseph Feeney  
Crystal Berkeley  
Francis Kangata  
Joan Parks-Hubley  
Dylan Heide, CAO  
Kelly Redden, Deputy Clerk

Absent:

Lisa Learning  
Greg Matear  
Anne Harrison (regrets)

**1. Approval of Agenda**

A motion by Councillor Feeney, seconded by Mr. Kangata, **“THAT the agenda be approved as amended to add 5. Information About Positive Aging Program.”** **Motion carried.**

**2. Minutes**

A motion by Councillor Feeney, seconded by Ms. Parks-Hubley, **“THAT the minutes of the June 24, 2019 meeting be approved as presented.”** **Motion carried.**

**3. 2019 AFC Action Plan**

Presentation by NS Health – Prevention and Health Promotion

Sadie Watson, Health Promoter, and Francis Kangata, Health Promotion Coordinator, both with South Shore Public Health, provided the Committee with a presentation on the legalization of and harms of cannabis, with a focus on the upcoming legalization of edibles, oils and topicals. The intention of the presentation is to educate the committee on the risks, so that they are informed when the Town begins the process of updating its Municipal Land Use By-law and Planning Strategy. The Committee expressed an interest in having the Town’s Planners come and discuss the By-law and Planning Strategy process with the committee at the October or November meeting of the Age Friendly Committee. Dylan Heide will make the request.

Publicize Existence of Committee

Dylan Heide informed the Committee of an upcoming Committee Mixer, hosted by the Economic Development Committee. Plans to provide information on Facebook and in Mayor’s Newsletter.

### Location for Benches

The group discussed how to decide the right locations for new benches in the Town. The committee would like to publish a survey, using the Town's online survey tool, to see where citizens believe benches should be placed.

A Motion by Ms. Berkeley, seconded by Councillor Feeney, **"THAT the committee recommends to Council that staff be directed to conduct a public survey to determine optimal locations for benches in the community."** **Motion carried.**

### VIC Recommendations – Parking and Signage

The group discussed the recommendations provided by staff of the Visitor Information Centre. Dylan Heide suggested that these recommendations should be referred to the transportation plan development process.

A motion by Mr. Kangata, seconded by Ms. Berkeley, **"THAT the committee recommends to Council that staff be directed to speak with the Mahone Bay Tourism and Chamber of Commerce to learn more about their recommendations concerning parking and map issues."** **Motion carried.**

### Follow Up/Monitor Ongoing Efforts

Deferred to next meeting.

### New Horizons Grant

Deferred to next meeting.

## **4. Committee Membership**

### Youth Membership

Committee member, Francis Kangata, spoke with the Lamar Eason, Principal at Bayview Community School, who requested that we provide information about the committee so that it could be circulated throughout the school. Councillor Feeney will draft a letter to be circulated explaining the role of the committee in the Town. The committee will also extend an invitation for youth to attend committee meetings to share their views.

### New Application

A motion by Councillor Feeney, seconded by Ms. Parks-Hubley, **"THAT the committee recommend to Council that Mary Beth Eldridge be appointed to the Age Friendly Community Advisory Committee."** **Motion passed.**

## **5. Information About Positive Aging Program**

Councillor Carver was asked by the Coordinator of an Organization called Flourish to pass along information to the committee about an upcoming workshop, Positive Aging: Stay Healthy for Life. They are looking for a space to provide the workshop in Mahone Bay. Councillor Carver and Ms. Parks-Hubley offered to help with the organization of the workshop.

**The meeting adjourned by motion at 8:48 pm**

**TOWN OF MAHONE BAY**

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Chair, Councillor Penny Carver

Deputy Clerk, Kelly Redden